

# Big

Have  
fun.  
Raise  
funds.

The Barnardos Big Active is a challenge that's good for your body, mind and heart.

Get active, feel good and do good by collecting sponsorship and help Ireland's most vulnerable children.

Find out more on [Barnardos.ie/bigactive](http://Barnardos.ie/bigactive) or talk to your teacher about taking part.



**THE Big** **ACTIVE**  
Barnardos 

