



  
**Barnardos**  
Online Safety  
Programme

# Workshops for Children



**Duration:** approx. 60 minutes (classroom based)

**Classes:** (Level 1 - 3rd+4th class and Level 2 - 5th+6th class)

**Size:** Max 35 per class

**Cost:** x4 workshops for a total of €50 a day

## Overview

Barnardos online safety workshops are classroom based, positive and interactive. They aim to empower children by encouraging them to make good choices online, to think critically about the information they see and read and to always be kind online. Each workshop is child-centred, age appropriate and discussion based.

Throughout the 60 minute workshops, there are videos, group work, scenario based questions and quizzes to keep students engaged. All of our trainers are Garda Vetted and are highly skilled at working with children and adults alike. Each school receives a copy of the Google Be Internet Legends lesson plans as a wrap around resource.

## Learning outcomes

Students will be able to:

Explain how to be smart online

Devise strategies for sourcing reliable information online

Describe what digital well-being is and recognise the impact of screen time

Explore what cyberbullying is and identify how to respond, including asking for help

List ways in which they can be an 'upstander' online and to be kind online



To book workshops, please fill in our online enquiry form at [www.barnardos.ie/osp](http://www.barnardos.ie/osp) / contact us at [onlinesafety@barnardos.ie](mailto:onlinesafety@barnardos.ie) or call us on **01-453 0355**