



# Barnardos

## National Collection Day

Friday 14<sup>th</sup> September 2018

kindly supported by



**Tonight 1 in 9 children in Ireland will go to bed scared and hungry because they are living in poverty.**

Childhood is short, yet the experiences we have shape the adults we become and the lives we go on to lead. Poverty affects every aspect of a child's life which has short and long term consequences on their health, education outcomes and life chances. **But you can help to change this.**

Barnardos provides support to these children and families when they need it most. Based in the heart of some of the most disadvantaged communities in Ireland, our centres provide a lifeline to families giving them a safe space, a friendly face and proven programmes to help them escape the vicious cycle of poverty and improve their lives, no matter their circumstance.

By supporting Barnardos National Collection Day kindly supported by Dell EMC on Friday 14<sup>th</sup> September – you are helping end the nightmare that is child poverty. **Thank You.**

[www.barnardos.ie](http://www.barnardos.ie)



## EDUCATION

Millie was missing days from school and falling behind. Her mum was overwhelmed, struggling to make ends meet and Millie had taken on minding her little sister.

Millie's mum now attends Barnardos Parenting Workshops and Support Groups. Life has improved for Millie and she's now back in school, thriving.



## HOME LIFE

Noah rarely left his home or met other children. His neighbourhood was violent and home to a number of drug dealers. His mum feared for his safety and so Noah never played outside or made friends.

Noah now attends Barnardos Early Years Group where he's learnt to smile, play and make new friends. This programme also supports Noah's education development so he'll be ready for big school.



## HOUSING

Lucy used to keep her coat on when she went to bed. She lives with her family in cold, damp bedsit. Without proper heating and water Lucy developed hygiene issues and was regularly bullied.

Lucy now attends Barnardos Friendship Group where she's gaining confidence and making friends. And her parents are coming to our centre to use the kitchen and laundry facilities while they get back on their feet.



## FOOD

Daniel often went without food and was never sure where his next meal was coming from. He used to tell his mum he'd gotten food in school so she wouldn't worry.

Daniel and his mum no longer have to worry. He now regularly attends Barnardos Breakfast Club and After School Group – where he receives hot nutritious meals and has a place to make friends.

**Your incredible support means Barnardos can be there for these children and many more, ensuring that they leave our programmes with more confidence and on an equal footing to their peers, giving them the best chance at a happier and healthier life. Thank you.**



**We want to see/hear how you're getting on!**

We'd love to see photos from your collection and hear how you are getting on. Please tweet @Barnardos\_Irl using the hashtag #SupportBarnardos or find us on facebook at [www.facebook.com/barnardosireland](http://www.facebook.com/barnardosireland). You can also email your pictures and stories to [buckets@barnardos.ie](mailto:buckets@barnardos.ie).

