



ISSUE 1, 2021

Hi <<First Name>>

It has been a difficult start to the year for the early learning and care sector amidst current Covid restrictions and the expectations being placed on services. There is helpful [guidance available from First 5](#) around Covid 19 in ELC and SAC, including [info on steps to take if there is a suspected or confirmed case](#) in your setting.

In this first issue of Early Years eNews of the year we bring you other updates from the sector as well as information about new Barnardos publications, training dates and library offerings planned for 2021. If you have any information queries that we can help you with please don't hesitate to contact us at resources@barnardos. For daily updates [join us on Facebook](#).

Sinéad,
Publications Coordinator

News and Developments From the Sector

Information for ELC Providers During Covid

- [Information on new funding arrangements](#) was published earlier this week.
- The latest [FAQs for Early Learning and Care \(ELC\) and School Age Childcare \(SAC\)](#) services contains information covering 1 February to 5 March.
- The HSE has developed [two videos in relation to the operation of ELC and SAC services during the current restrictions](#). The HSE has put in place a dedicated phone number for ELC and SAC managers and service providers. The phone line - 01 5119777 - is open 8am to 4.30pm Mon-Friday and 10am to 4.30pm Saturday, Sunday and Bank Holidays,

- Information is available on [child safeguarding](#) including resources and recorded short webinars on child protection.
- First 5 has a section for parents on [preschool from home](#).

CPD Courses and Support Resources

Find [details of CPD resources available for ELC educators](#), including the Sensory Processing e-learning Programme (SPEL), QRF training and Barnardos elearning courses on Learning Environments and the Rights of the Child in ELC.

Barnardos also have a number of [tipsheets available around supporting children and families](#) during this time.

Early Childhood Ireland Research Symposium 2021

ECI's national research symposium will take place on 23rd and 24th April 2021. [Keep an eye on ECI website for details.](#)

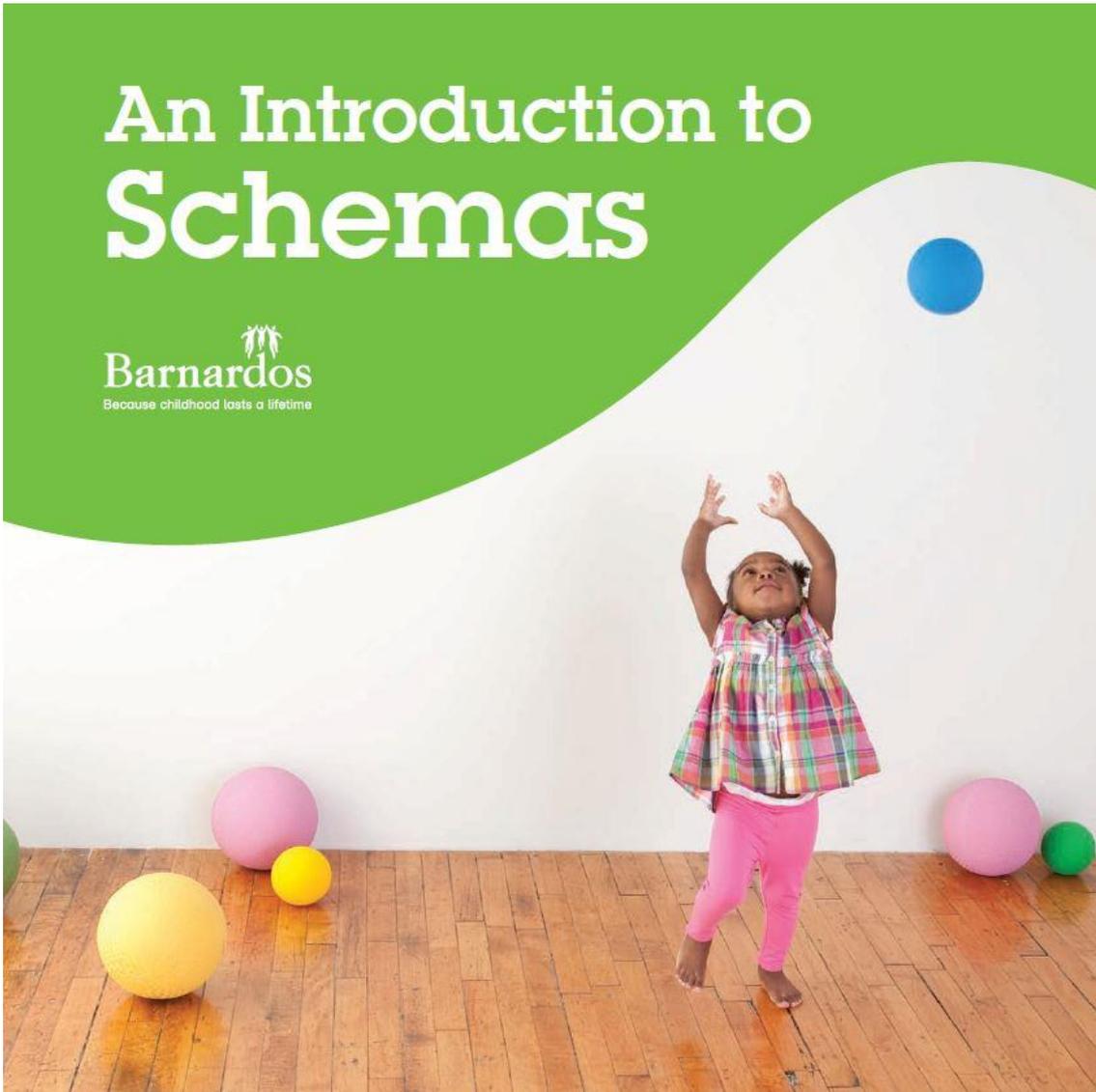
Education Matters Yearbook

Education Matters have published their 2020 yearbook, an accessible and comprehensive data and information resource covering the major milestones in a particular year in education in Ireland. [Read the articles on Early Childhood Education.](#)

Updates from Barnardos

An Introduction to Schemas


Barnardos
Because childhood lasts a lifetime



An Introduction to Schemas

Our latest ebook, [An Introduction to Schemas](#) is a great resource for anyone caring for a toddler (as a parent or in a professional capacity). The free publication outlines what a schema is, what you might observe when a young child is exploring a schema and how you can practically support the child in their explorations.



Mindfulness in Early Learning and Care

[Mindfulness in Early Learning and Care](#) highlights the benefits of mindfulness, both for the wellbeing of early childhood educators and for the children their care for and educate. It also offers practical ways to incorporate mindful moments into the everyday in an early learning and care setting. This resource is available online only but there is an accompanying poster available for services to display in their settings which will be distributed to CCCs in the coming weeks.

We also have hard copies available of many of our ebooks. If you would like to order some for the staff or parents in your service, you can [browse to see what's available](#) and then email your order to resources@barnardos.ie

[**Browse Barnardos Publications**](#)

Training Webinars

We have a number of new webinar dates for the coming months. Click the links below for more details and to book online.

- Introduction to Trauma Informed Practice in an Early Years Setting [10 February](#)
- An Introduction to Infant Mental Health in Early Years Settings [22 February](#)
- Making the Most of Supervision [23, 24 February, 15 April](#)
- Supporting Practice Through Supervision in Early Years [24 March](#)
- Children First [13 and 14 April](#) / [25 and 26 May](#)
- Designated Liaison Person [20 and 21 April](#) / [1 and 2 June](#)

You can find all of the details of these and [book on our website](#). Don't forget, our expert training is available as tailored training, provided in-house, to a group of staff or volunteers in your organisation or network. If you would like to chat to one of our team about your training needs just [get in touch](#).

[Barnardos Training](#)



FREE Webinar on Online Safety for Parents

Delivered Live By a Barnardos
Online Safety Trainer

Webinar Dates & Times

Tues 19th Jan. @ 7:30pm

Wed 3rd Feb. @ 1pm

Tues 9th Feb. @ 7pm

Tues 24th Feb. @ 7pm

Register your place:
www.bit.ly/osp-parents

Registered charity number: 20010027

Online Safety Webinars for Parents

We are running free online safety webinars for parents in February. The aim is that parents leave these webinars feeling empowered; have an awareness of the risks online for children and gain practical tips that will help them keep their children safe and resilient online. [Find out more](#)

Barnardos Library

Online Research Package

Access to high quality early years research and literature is available during the current restrictions. Barnardos Library and Information Service offer an [Online Research Package](#). This membership offers the following:

- Access to our recently expanded eBook collection
- Access to the *SocIndex* database
- Access to the *Education Research Complete* database(which hosts many ECCE publications)

Other membership options are available [here](#)

New eBooks in Barnardos library

We are continually expanding our eBooks collection. Recent new titles include

- Traumatic stress: The effects of overwhelming experience on mind, body, and society
- Working with grieving and traumatized children and adolescents : Discovering what matters most through evidence-based, sensory interventions
- Nurturing resilience : Helping clients move forward from developmental trauma - an integrative somatic approach
- Raising parents : Attachment, representation, and treatment

[Library Membership Packages](#)

Our Team Recommends...

Our recommendation for this issue is a [podcast episode by Early Childhood Ireland](#) in which Dr Geraldine French from DCU discusses slow relational pedagogy with children under 2. We are always inspired by the passion Dr French, author of a number of Barnardos publications including [The time of their lives: Nurturing babies' learning and](#)

development in early childhood settings, has for quality provision for the learning and development of babies and toddlers.



An Roinn Leanaí, Comhionannais,
Míchumais, Lánpháirtíochta agus Óige
Department of Children, Equality,
Disability, Integration and Youth



pobal

government supporting communities

Copyright © 2021 Barnardos Ireland, All rights reserved. [update your preferences](#) or [unsubscribe from this list](#).

Want to change how you receive these emails?
You can

