

# Family Intervention and Support

## *Working Together with Families*

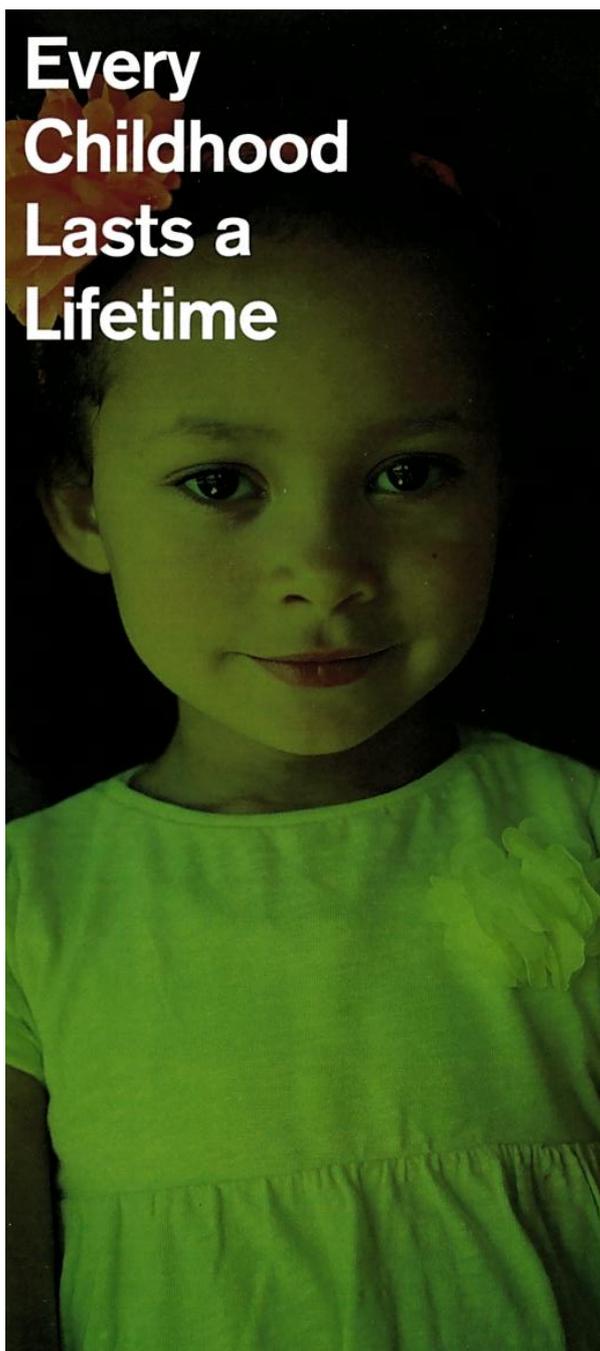
Family Intervention and Support (FIS) is an inter-agency programme designed to respond to families where there are needs in relation to drug and alcohol use, particularly where that use is impacting on the wellbeing of children and young people. The primary purpose is to support the parent / child relationships and to improve outcomes for children.

The programme is led by Barnardos

The project works with families where parents are in recovery or seeking support with addiction, and they also work with children affected by parental drug or alcohol use, either current or past.

FIS works closely with drug and alcohol treatment services in DLR.

Referrals are accepted from families and professionals across DLR, including Dun Laoghaire, Mounttown, Sallynoggin, Ballyogan, Hillview, Sandyford and surrounding areas.



## **Services offered**

- ◆ Targeted individual and group interventions for children aged 6 to 15 years, focusing on identified needs
- ◆ Partnership with parents - intensive home based parenting programme
- ◆ Practical Family Support - supporting families with practical issues in their lives
- ◆ Friendship group - weekly small group 6-month programme, giving primary school children a place to develop and practice the skills they need to form and maintain healthy friendships
- ◆ First friends - weekly group for 0 to 2.5 years to support parents and help them build relationships with their child through play
- ◆ Crisis interventions - supporting families through crisis situations that may arise for them
- ◆ Odyssey - Parenting your teen; 8 session course for those parenting young people aged 11-18 years, specially developed to improve communication and relationships
- ◆ NVR - Non Violence Resistance Programme, is an intervention responding to child to parent violence.

## **Referral process**

How do I make a referral?

- Once completed our referral form should be signed by the child's parents as well as the referring professional
- Once referral is accepted and allocated to a worker, a comprehensive assessment is completed with the family and professionals involved.
- This is to assist us in understanding the concerns and making a plan to reach the best possible outcomes for the child and family involved.

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